Exercise 1: Complete the Sentences with the Past Perfect Continuous Tense

Fill in the blanks with the correct form of the past perfect continuous tense.

1. She was tired because she _____ (work) all day.

2. By the time I arrived, they _____ (wait) for over an hour.

3. Before the party started, he ______ (decorate) the entire room.

4. When I met her, she _____ (study) English for three years.

5. They were exhausted because they _____ (play) soccer all afternoon.

Exercise 2: Create Sentences Using the Past Perfect Continuous Tense

Create sentences using the given prompts and the past perfect continuous tense.

1. (When I visited)	•
2. (She) concert ended.	for hours before the
3. (They)	the garden all morning.
4. (Before the rain started)	
5. (I) called.	for a long time when you

Exercise 3: Rewrite the Sentences Using the Past Perfect Continuous Tense

Rewrite the sentences using the past perfect continuous tense.

1. They were out of breath because they had been running for an hour.

2. She was tired because she had worked all day.

3. By the time the movie started, they had been waiting for 30 minutes.

4. He was covered in paint because he had been painting the walls.

5. I was hungry because I hadn't eaten anything all day.

Answers:

Exercise 1: Complete the Sentences with the Past Perfect Continuous Tense

- 1. had been working
- 2. had been waiting
- 3. had been decorating
- 4. had been studying
- 5. had been playing

Exercise 2: Create Sentences Using the Past Perfect Continuous Tense

1. (When I visited) the bakery, they had been baking bread all morning.

- 2. (She) had been rehearsing for hours before the concert ended.
- 3. (They) had been tending the garden all morning.
- 4. (Before the rain started) they had been hiking in the mountains.
- 5. (I) had been reading for a long time when you called.

Exercise 3: Rewrite the Sentences Using the Past Perfect Continuous Tense

1. They were out of breath because they had been running for an hour.

2. She was tired because she had been working all day.

3. By the time the movie started, they had been waiting for 30 minutes.

- 4. He was covered in paint because he had been painting the walls.
- 5. I was hungry because I hadn't been eating anything all day.